

# SOUTHBOROUGH



## Southborough & District Wheelers

### 10-mile Open Time Trial (Q10/1) Wednesday 1st January 2020

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations.

**Timekeepers:** John Watson (Southborough & District Wheelers) & Doug Finch (Southborough & District Wheelers)

**Event Secretary:** David Watson, Remingtons Cottage, Lamberhurst Road, HORSMONDEN, TN12 8LP Tel. 07906 158450.

**E-Mail** [wacha\\_watto@yahoo.co.uk](mailto:wacha_watto@yahoo.co.uk)

#### Awards List:

##### SCRATCH

- 1<sup>st</sup> Red Wine & White Wine
- 2<sup>nd</sup> Red Wine
- 3<sup>rd</sup> Red Wine
- 4<sup>th</sup> Cycling Socks

##### FASTEST LADY:

- 1<sup>st</sup> Prosecco
- 2<sup>nd</sup> White Wine

##### FASTEST VETERAN ON AGE STANDARD

- 1<sup>st</sup> Red Wine
- 2<sup>nd</sup> Red Wine

##### FASTEST JUNIOR/ESPOIR

- Cycling Socks

##### FASTEST TEAM OF 3:

- White Wine, Red Wine & Red Wine

##### SPOT PRIZES:

- Closest to 26.00 – Red Wine
- 20<sup>th</sup> Place – Cycling Socks

##### ROAD BIKE (as below):

- Red Wine

##### LANTERNE ROUGE:

- Red Candle

**Course: Q10/1** Start at manhole cover approx. 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070. Proceed eastwards and turn left onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn and retrace south on A2070 to Johnson's Corner where left onto old A2070 towards Hamstreet village to finish approx. 50 yards before bridge over Royal Military Canal. <https://www.cyclingtimetrials.org.uk/course-details/q10-1>

**Headquarters –** Victory Hall, Ruckinge Road, Hamstreet, Ashford, Kent TN26 2NW

The HQ is approx. 10 minutes ride to the Start. Numbers and Signing-on will be at the HQ.

- Competitors must Sign-on **and sign off** using the sheet provided at the number collection point in the HQ. A rider who fails to sign the official "Signing out" sheet shall be recorded as DNF, per Regulation 17(b).
- NO SHOE PLATES in the Hall PLEASE.
- Riders may exchange their number for a drink after their race.

#### Additional Notes

- Riders leaving clothing at the Start can collect it from the Victory Hall afterwards.
- Riders must not warm up / turn in sight of the Start or Finish areas.
- In the interest of safety CTT advise you to wear protective headgear that meets an internationally accepted safety standard. CTT Regulations state that **all Junior and Juvenile riders MUST** wear such headgear.
- No rider shall use a turbo trainer or rollers in the HQ parking area or adjacent roads that are within 50 metres of a domestic property. Anyone failing to comply with this District restriction, risks disqualification.
- It is an offence for a competitor in any event to use or to have administered any proscribed substance that might affect their competitive performance. A rider receiving medical treatment which could include a proscribed substance must not compete in time trials.

**\*Road bike classification:** must be ridden on a standard road bike. No aero handlebars or tri-bar extensions. No deep section wheels. No time trial helmets. Please inform the organiser when signing on if you wish to be considered for this category.

**Course Records:** Men's – Christopher Fennell 19.01

Ladies' – Emma Lewis 21.45

**KEEP YOUR HEAD UP AND LOOK WHERE YOU ARE GOING**

